

# Short MAST

Client \_\_\_\_\_

Date \_\_\_\_\_

---

**Instructions:** For your answer place an X on the appropriate line following each question.

- |                                                                                                                                  | Yes   | No    |
|----------------------------------------------------------------------------------------------------------------------------------|-------|-------|
| 1. Do you feel you are a normal drinker?                                                                                         | _____ | _____ |
| 2. Do your spouse or parents worry or complain about your drinking?                                                              | _____ | _____ |
| 3. Do you ever feel bad about your drinking?                                                                                     | _____ | _____ |
| 4. Do friends or relatives think you are a normal drinker?                                                                       | _____ | _____ |
| 5. Are you always able to stop drinking when you want to?                                                                        | _____ | _____ |
| 6. Have you ever attended a meeting of Alcoholics Anonymous AA?                                                                  | _____ | _____ |
| 7. Has drinking ever created problems between you and your                                                                       | _____ | _____ |
| 8. Have you ever gotten into trouble at work because of drinking?<br>spouse?                                                     | _____ | _____ |
| 9. Have you ever neglected your obligations, your family, or your<br>work for 2 or more days in a row because you were drinking? | _____ | _____ |
| 10. Have you ever gone to anyone for help about your drinking?                                                                   | _____ | _____ |
| 11. Have you ever been in a hospital because of your drinking?                                                                   | _____ | _____ |
| 12. Have you ever been arrested even for a few hours because of<br>drinking?                                                     | _____ | _____ |
| 13. Have you ever been arrested for drunk driving or driving after<br>drinking?                                                  | _____ | _____ |