

# MAST

Client \_\_\_\_\_

Date \_\_\_\_\_

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**Instructions:** Place an X on the line to indicate your response.

- |  | Yes   | No    |
|--|-------|-------|
| 1. Do you feel you are a normal drinker?   | _____ | _____ |
| 2. Have you ever awakened the morning after some drinking the night before and found that you could not remember part of the evening before? | _____ | _____ |
| 3. Does your wife, husband or parents ever worry or complain about your drinking?  | _____ | _____ |
| 4. Can you stop drinking without a struggle after one or two drinks?   | _____ | _____ |
| 5. Do you ever feel bad about your drinking?   | _____ | _____ |
| 6. Do friends or relatives think you are a normal drinker?   | _____ | _____ |
| 7. Do you ever try to limit your drinking to certain times of the day or to certain places?  | _____ | _____ |
| 8. Are you always able to stop drinking when you want to?  | _____ | _____ |
| 9. Have you ever attended a meeting of Alcoholics Anonymous AA?  | _____ | _____ |
| 10. Have you gotten into fights when drinking?   | _____ | _____ |
| 11. Has drinking ever created problems with you and your wife, husband?  | _____ | _____ |
| 12. Has your wife, husband or other family member ever gone to anyone for help about your drinking?  | _____ | _____ |
| 13. Have you ever lost friends or girlfriends/boyfriends because of your drinking?   | _____ | _____ |
| 14. Have you ever gotten into trouble at work because of drinking?   | _____ | _____ |
| 15. Have you ever lost a job because of drinking?  | _____ | _____ |
| 16. Have you ever neglected your obligations, your family, or your work for 2 or more days in a row because you were drinking?               | _____ | _____ |
| 17. Do you ever drink before noon?   | _____ | _____ |
| 18. Have you ever been told you have liver trouble? Cirrhosis?   | _____ | _____ |
| 19. Have you ever had delirium tremens DTs, severe shaking, after heavy drinking?  | _____ | _____ |
| 20. Have you ever gone to anyone for help about your drinking?   | _____ | _____ |

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Name \_\_\_\_\_

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- |  | Yes   | No    |
|--|-------|-------|
| 21. Have you ever been in a hospital because of your drinking?   | _____ | _____ |
| 22. Have you ever been a patient in a psychiatric hospital or on a psychiatric ward of a general hospital where drinking was part of the problem?  | _____ | _____ |
| 23. Have you ever been seen at a psychiatric or mental health clinic, or gone to a doctor, social worker, or clergyman for help with an emotional problem in which drinking has played a part? | _____ | _____ |
| 24. Have you ever been arrested, even for a few hours, because of drunk behavior?  | _____ | _____ |
| 25. Have you ever been arrested for drunk driving or driving after drinking?   | _____ | _____ |