

MAST

Client Name _____

Date _____

Score _____

Points
yes no

- | | | |
|---|---|--|
| 2 | - | 1. Do you feel you are a normal drinker? |
| 2 | - | 2. Have you ever awakened the morning after some drinking the night before and found that you could not remember part of the evening before? |
| 1 | - | 3. Does your wife, husband or parents ever worry or complain about your drinking? |
| - | 2 | * 4. Can you stop drinking without a struggle after one or two drinks? |
| 1 | - | 5. Do you ever feel bad about your drinking? |
| 2 | - | * 6. Do friends or relatives think you are a normal drinker? |
| 1 | - | 7. Do you ever try to limit your drinking to certain times of the day or to certain places? |
| - | 2 | * 8. Are you always able to stop drinking when you want to? |
| 5 | - | 9. Have you ever attended a meeting of Alcoholics Anonymous AA? |
| 1 | - | 10. Have you gotten into fights when drinking? |
| 2 | - | 11. Has drinking ever created problems with you and your wife, husband? |
| 2 | - | 12. Has your wife, husband or other family member ever gone to anyone for help about your drinking? |
| 2 | - | 13. Have you ever lost friends or girlfriends/boyfriends because of your drinking? |
| 2 | - | 14. Have you ever gotten into trouble at work because of drinking? |
| 2 | - | 15. Have you ever lost a job because of drinking? |
| 2 | - | 16. Have you ever neglected your obligations, your family, or your work for 2 or more days in a row because you were drinking? |
| 1 | - | 17. Do you ever drink before noon? |
| 2 | - | 18. Have you ever been told you have liver trouble? Cirrhosis? |
| 2 | - | 19. Have you ever had delirium tremens DTs, severe shaking, after heavy drinking? |
| 5 | - | 20. Have you ever gone to anyone for help about your drinking? |
| 5 | - | 21. Have you ever been in a hospital because of your drinking? |
| 2 | - | 22. Have you ever been a patient in a psychiatric hospital or on a psychiatric ward of a general hospital where drinking was part of the problem? |
| 2 | - | 23. Have you ever been seen at a psychiatric or mental health clinic, or gone to a doctor, social worker, or clergyman for help with an emotional problem in which drinking has played a part? |
| 2 | - | 24. Have you ever been arrested, even for a few hours, because of drunk behavior? |
| 2 | - | 25. Have you ever been arrested for drunk driving or driving after drinking? |

*Negative responses are alcoholic responses..