

**DSM-IV DIAGNOSTIC CHECKLIST**

Name \_\_\_\_\_

Date \_\_\_\_\_

**Alcohol Abuse**

**Symptoms**

**Diagnostic Criteria:** Definite diagnosis of abuse is made when *one of A* is "yes" & *both B and C* "yes"

|    |   | Yes  |   | No    |  |
|----|---|--|---|-------|--|
| A1 | Missing school/work Use at work or school           | Intoxicated at home  | Lost time from work                                   | Other |  |
| 2  | Driving while intoxicated Other                     | Drinking with activities such as boating, skiing                                     | Drinking when health problems aggravated by alcohol   |       |  |
| 3  | DWI Domestic disputes                               | Arrests License suspension   | Unpaid child support                                  | Other |  |
| 4  | Blackouts Guilty about use Arguments about drinking | Alcohol related arrests Friends/family express concern Physical health harmed by use | Drinking causes life problems: relationship legal job | Other |  |

- A) 1 Recurring failure to meet social, family, work responsibilities
- 2 Recurrent use when this is physically hazardous.
- 3 Recurring legal problems
- 4 Continued use despite negative consequences or recurring problems due to use.

**Alcohol Dependence**

**Symptoms**

**Diagnostic Criteria:** Definite diagnosis of dependence is made when any *three of A* and *B* is "yes."

|   |   |  |   |       |  |
|---|---|--|---|-------|--|
| 1 | Consumed as much as one case beer, 1 gallon wine, 1/5 hard liquor at one time Other | 4+ drinks/sitting  | Less required to achieve intoxication                                 |       |  |
| 2 | Morning hand tremor Morning drinking Night sweats Other                             | Morning nausea Headache Use of substitute to self-medicate withdrawal symptoms                       | Drinking before work Hallucinations                                   |       |  |
| 3 | Not a social drinker More frequently  | Drink more than intended Greater quantity  | Experiences difficulty cutting down Other                             |       |  |
| 4 | Guilty about use Relief drinking  | Annoyed with concern of others Sees self as problem drinker  | Thoughts of cutting down Periods of abstinence                        | Other |  |
| 5 | Daily drinking Binge drinking   | Hidden alcohol Preoccupation with alcohol  | Drinking alone Needs drink  | Other |  |
| 6 | Lost friends Arguments about drinking   | Physical fights or property damage under the influence Increased isolation                           | Other   |       |  |
| 7 | Prior DWI Other arrests Lost job due to alcohol Other                               | Told drinking harming liver Told by MD to decrease use Blackouts Health would be better without etoh | After drinking: rowdy/noisy courage/self-confidence angry/quarrelsome |       |  |

- A) 1 Marked tolerance (50% increase) to achieve effect.
- 2 Withdrawal symptoms or use to avoid withdrawal symptoms
- 3 Drinking more or for longer periods than intended.
- 4 A persistent desire, or one or more unsuccessful efforts to control use.
- 5 Considerable time spent obtaining alcohol, or drinking it, or recovering from its effects.
- 6 Important activities (social, occupational, recreational) given up or reduced because of drinking.
- 7 Continued drinking despite knowledge of persistent social, psychological, or physical problems due to use.