

# Brief MAST

Client Name \_\_\_\_\_

Date \_\_\_\_\_

Score \_\_\_\_\_

	Points	
	yes	no
1. Do you feel you are a normal drinker?	-	2
2. Do friends or relatives think you are a normal drinker?	-	2
3. Have you ever attended a meeting of Alcoholics Anonymous AA?	5	-
4. Have you ever lost friends or girlfriends/boyfriends because of your drinking?	2	-
5. Have you ever gotten into trouble at work because of drinking?	2	-
6. Have you ever neglected your obligations, your family, or your work for 2 or more days in a row because you were drinking?	2	-
7. Have you ever had delirium tremens DTs, severe shaking, after heavy drinking?	2 2	- -
8. Have you ever gone to anyone for help about your drinking?	5	-
9. Have you ever been in a hospital because of your drinking?	5	-
10. Have you ever been arrested for drunk driving or driving after drinking?	2	-