

AUDIT

Client _____

Date _____

Instructions: For each question, place a checkmark on the line next to the best answer.

1. How often do you have a drink containing alcohol?

- Never _____
- Monthly or less _____
- Two to four times a month _____
- Two to three times a week _____
- Four or more times a week _____

2. How many drinks containing alcohol do you have on a typical day when you are drinking?

- 1 or 2 _____
- 3 or 4 _____
- 5 or 6 _____
- 7 to 9 _____
- 10 or more _____

3. How often do you have six or more drinks on one occasion?

- Never _____
- Less than monthly _____
- Monthly _____
- Weekly _____
- Daily or almost daily _____

4. How often during the last year have you found that you were not able to stop drinking once you had started?

- Never _____
- Less than monthly _____
- Monthly _____
- Weekly _____
- Daily or almost daily _____

5. How often during the last year have you failed to do what was normally expected from you because of drinking?

- Never _____
- Less than monthly _____
- Monthly _____
- Weekly _____
- Daily or almost daily _____

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

- Never _____
- Less than monthly _____
- Monthly _____
- Weekly _____
- Daily or almost daily _____

7. How often during the last year have you had a feeling of guilt or remorse after drinking?

- Never _____
- Less than monthly _____
- Monthly _____
- Weekly _____
- Daily or almost daily _____

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

- Never _____
- Less than monthly _____
- Monthly _____
- Weekly _____
- Daily or almost daily _____

9. Have you or someone else been injured as a result of your drinking?

- No _____
- Yes, but not in the last year _____
- Yes, during the last year _____

10. Has a relative or friend, or a doctor or other health worker been concerned about your drinking, or suggested you cut down?

- No _____
- Yes, but not in the last year _____
- Yes, during the last year _____